

Breakfast Menu

Cold Dishes

The Bakery

Bread with a choice of jams and butter I I, g, n I Multigrain, wheat and rye, malt grain, butter bread, Valais rye bread

> Pastry I I, g I Croissant, pain au chocolat

Cereals

Chocolate muesli I I, g I
Five grains I g I
Cornflakes I g I
Homemade Granola I g, n, ph I
With a choice of milk:
cow, lactose free, oat, soy, almond

Savoury

Regional Cheese Platter I I I Walliser "alt", Aletsch Grand Cru, goat's cheese

> Charcuterie Selection of Valais dry meat

Smoked Salmon I ph I

Hot Dishes

The Sweetest Things

French toast I I, g, n I Whipping Ricotta, walnuts, quince

The Capra Waffles I I, g I With a choice of bacon, maple syrup, jam, whipped cream

Pancakes I I, g I
With a choice of berry compote, maple syrup, chocolate
or fresh fruit

The Egg Dishes

The Capra Egg I I, g I
Poached egg, smoked salmon, avocado, sauce
hollandaise served on an English muffin

Eggs Benedict I I, g I
Roasted ham, poached egg, sauce hollandaise served on
an English muffin

Eggs Florentine I I, g I
Spinach, poached egg, sauce hollandaise served on an
English muffin

Plain or White Omelette I I, ph I
With a choice of alpine cheese, ham, bacon, tomatoes,
mushrooms, onions

Eggs any Style III
Boiled, fried, scrambled, poached
With a choice of alpine cheese, ham, bacon, tomatoes,
mushrooms, onions





Breakfast Menu

Peak Health

Choices

The Capra Yoghurt I I, g, n I Homemade granola, red berries compote

Bircher Muesli I I, g, n I

Yoghurt I I, n I
With a choice of almonds, dates, pumpkin seeds, sunflower seeds, walnuts, berries, honey

Fresh Seasonal Fruit Platter Banana, apple, pear, orange, mandarin, kiwi

Fresh Vegetable Platter Kohlrabi, cucumber, carrots, peppers, cherry tomatoes

> Chia Pudding I v I Raspberries, coconut milk

The Avocado Toast II, g I Rye bread, dry tomato, ricotta, chilli flakes

Porridge II, g I Blueberries, banana, roasted almond flakes





See you for lunch at our mountain restaurant, Spielboden!





Drinks

Nice and hot

Coffee

Espresso Cappuccino Latte macchiato Americano

Hot chocolate Ovomaltine

Tea

Refreshing mint
Herbs and ginger
Greenleaf
English breakfast
Earl grey
Fruity camomile
Verveine
Rooibos

Refreshing

Fresh juices Orange, grapefruit, other I ph I

Smoothie of the Day

Freshly made with a combination of fruits and vegetables I I, ph I

Bubbles

Brut Millésimé, Blanc de Blanc Jaques Germanier, Cave du Tunnel, Conthey