



# THE CAPRA

SAAS-FEE



Dear Guest,

A warm welcome to The Brasserie.

Our menu is inspired by the farm to table philosophy: fresh, local ingredients sourced from farmers and artisans who are as passionate about quality as we are. We call it the luxury of simplicity – an honest cuisine.

Our wine list features many of the exceptional wines of the Valais. Our mountain region is blessed with some of the highest and oldest vineyards in the Alps, which produce an extraordinary variety of grapes. Valais wines are one of Switzerland's best kept secrets and we've found some outstanding wines from neighbouring terroirs, too.

Together with **Peak Health**, a collaboration of medical and wellness experts in Switzerland, we have incorporated within our menus dishes that help keep blood sugar levels balanced and boost metabolism whilst providing energy and a wealth of micronutrients. These items are marked with **PH**.

If you have any allergies or dietary requirements, please let us know. We will be happy to prepare something especially for you.

Enjoy your meal!



## DAILY MENU

STARTER OF THE DAY	24
SOUP OF THE DAY	15
SUGGESTION OF THE DAY	38
DESSERT OF THE DAY	16
4-COURSE MENU OF THE DAY	85



## STARTERS

<b>THE CAPRA SALAD   D, N</b> Lettuce, Goat Cheese, Tomatoes, Walnuts, Almond-Pesto	18/25
<b>WINTER SALAD   N, PH</b> Kale, Grapefruit, Citrus Dressing	18/26
<b>QUINOA SALAD   D, N</b> Tomatoes, Mushrooms, Carrots, Blueberries, Sour cream, Belper Knolle	19/28
<b>BEEF TARTAR   G</b> Oyster Mushrooms, Vegan Curry Mayonnaise, Espelette pepper	35
<b>AFTER SKI BOWL   N</b> Sushi Rice, Pomegranate, Swiss Salmon, Peanut Sauce	18/30
<b>VEGETARIAN AFTER SKI BOWL   N</b> Sushi Rice, Pomegranate, Tofu, Peanut Sauce	18/30
<b>CONSOMMÉ   D, G</b> Cheese Dumpling	18
<b>PUMPKIN SOUP   N, PH</b> Pumpkin Seed Oil	16
<b>SOUP OF THE DAY</b>	15



## PASTA

<b>WILD BOAR TORTELLONI   D, G</b> Braised Wild Boar Breast, Jus	19/32
<b>PUMPKIN RAVIOLONI   D, G, N</b> Pumpkin, Peanuts	19/32
<b>TAGLIATELLE BOLOGNESE   G</b> Parmesan	19/28
<b>TAGLIOLINI TOMATO SAUCE   G</b> Parmesan	16/27
<b>BUCATINI AMATRICIANA   G</b> Parmesan	16/25
<b>GREEN PASTA   D, G</b>	16/25

## ORIGIN

Wild boar                      Italy



## FISH & VEGETARIAN

<b>SWISS SALMON   PH</b> Puree of Pea, Pattypan Squash, Beetroot-Campari Foam	42
<b>HALIBUT   L</b> Brussels Sprouts, Onion Puree, Violet Curry	40
<b>CAULIFLOWER STEAK   PH</b> Vegetarian Jus, Winter Vegetables	30
<b>YOUNG VEGETABLES   PH</b> Brussels Sprouts, Carrots, Jerusalem Artichoke, Spinach, Broccoli	30
<b>VEGETARIAN BURGER   D, G</b> Chickpea-Steak, Reblochon, Tomatoes, Marinated Onions, Salad	25

## ORIGIN

Salmon

Swiss

Halibut

Norway



## MEATS

<b>VENISON STEW   D, G</b> Dumplings of Bread, Red Cabbage	42
<b>SWISS BEEF FILLET 170G   N</b> Cauliflower-rice, Winter Vegetables, Nuts Jus	52
<b>VIENNESE ESCALOPE   D, G</b> Sauteed Potatoes, Salad	30
<b>THE CAPRA BURGER   D, G</b> Reblochon, Tomatoes, Marinated Onions, Salad	34
<b>TOMAHAWK SWITZERLAND (FROM 2 PEOPLE)   L</b> Winter Vegetables, Chips, Jus	pro p. 85

## ORIGIN

Beef	Swiss	Veal	Swiss
Deer	Swiss		



## DESSERTS

<b>SAAS-FEE MESS   D</b> Meringue, Red Fruits, Cream	15
<b>CHOCOLATE BROWNIE (78%)   D, G</b> Tangerine, Milk Ice Cream	18
<b>CAPRA APPLE STRUDEL (15 MINUTES)   D, G</b> Cinnamon Ice Cream or Vanilla Sauce	18
<b>AVOCADO CAKE   N, PH</b> Lime, Nuts	16
<b>RED BERRIES ICE CREAM   D</b> Vanilla, Red Fruit Sauce	18
<b>HOMEMADE ICE CREAM AND SORBETS</b> Caramel (L), Cinnamon (L), Chocolate (L), Milk (L), Vanilla (L) Blueberry, Lemon, Plum, Strawberries, Tangerine	per scoop 5
<b>PLATE OF REGIONAL CHEESES   D, G</b> Pears Chutney, Fruit Bread	22



## CHILDREN'S MENU

### STARTERS

CONSOMMÉ | G 12  
Flädli

### MAIN COURSES

TAGLIOLINI | G 14  
Bolognese or Tomato Sauce, Parmesan

VIENNESE SCHNITZEL | D, G 20  
French Fries

BREADED MINI CHICKEN FILLETS | D, G 18  
French Fries, Broccoli

FISH FILLET | D, G 18  
Rice, Carrots

BEEF BURGER | D, G 32  
Valais Alpine Cheese, French Fries

### DESSERT

ICE CREAM BOWL | D 15  
Whipped Cream, Smarties

CHOCOLATE BROWNIE | D, G, N 15  
Banana, Whipped Cream, Smarties